



1.10 - The Fruit of the Spirit.

(1.10 - The Fruit of the Spirit)

The Fruit of the (recreated human) Spirit

(Scriptures from KJV unless noted otherwise)

By the Holy Spirit in Us and His fruit working in us because He lives in us!

Gal.5:22-26 (NKJV)

²² But **the fruit** of the Spirit is **love, joy, peace, longsuffering, gentleness, goodness, faith,** ²³ **Meekness, temperance: against such there is no law.** ²⁴ And they that are Christ's have crucified the flesh with the affections and lusts. ²⁵ If we live in the Spirit, let us also walk in the Spirit. ²⁶ Let us not be desirous of vain glory, provoking one another, envying one another. (KJV)

Gal.5:22-26 (AMP)

22 But the fruit of the [Holy] Spirit [the work which His presence within accomplishes] is love, joy (gladness), peace, patience (an even temper, forbearance), kindness, goodness (benevolence), faithfulness, 23 Gentleness (meekness, humility), self-control (self-restraint, continence). Against such things there is no law [that can bring a charge]. 24 And those who belong to Christ Jesus (the Messiah) have crucified the flesh (the godless human nature) with its passions and appetites and desires. 25 If we live by the [Holy] Spirit, let us also walk by the Spirit. [If by the Holy Spirit we have our life in God, let us go forward walking in line, our conduct controlled by the Spirit.] 26 Let us not become vainglorious and self-conceited, competitive and challenging and provoking and irritating to one another, envying and being jealous of one another. (AMP)

- It is important to **develop the “Fruit of the Spirit” 1st** in our lives before God will give us the “Gifts in ministry”.
- As the “fruits” are developed - the “Gifts” are given.
- When we receive Jesus into our lives and become “Born-Again” **we have what the Holy Spirit has** (His character) because He is in us!
- The **“Fruit” come in seed form** (as does everything in the Kingdom of God) and must be developed in our lives.
- His presence will help us to develop them as He works with us.

1. Love

- In the 9 “Fruit of the Spirit” we find the **first fruit in “Love”** and **the last in “Self-control”** – imagine the other 7 “Fruit” in between these two as a bookends.
- All the fruit come out of Love and self-control is needed to operate in them.
- Our faith requires that we walk in love because faith works by love.

Rom. 5:5

⁵ And hope makes not ashamed; because **the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.** (KJV)

- We have the love of God to bring healing into our live and others.

Phil. 1:9

⁹ And this I pray, that your love may abound yet more and more in knowledge and in all judgment; (KJV)

- God says that our love will grow (abound) and when we decide to walk in love all else will follow.

2. Joy (Gladness)

Joy is defined as ‘Cheerfulness; a calm delight’

- It can be shown as Cheerfulness or as a calm.
- Joy is like a deep well on the inside of us, and it is not dependent on circumstances around us!

Neh. 8: 10

¹⁰ Then he said unto them, **Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our Lord: neither be you sorry; for the joy of the Lord is your strength.** (KJV)

3. Peace

John 14:27

27 Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. (NJKV)

- We can refuse to let negative emotions rule us and not allow other people to make us unhappy and steal our **peace**.



1.10 - The Fruit of the Spirit.

1 Peter 3:10-11

¹⁰ For he that will love life, and see good days, let him refrain his tongue from evil, and his lips that they speak no guile: ¹¹ Let him eschew evil, and do good; **let him seek peace, and ensue it.** (KJV)

- We must learn to maintain peace in three very important relationships.
- With **God**, with **ourselves**, and with our **fellow man**.
- We **maintain peace with God** by believing and trusting Him.
- We **maintain peace with ourselves** by refusing to live in guilt and condemnation, recognizing that God is greater than all our sins.
- We **maintain peace with our fellow man** by not allowing strife to be a part of our relationships with other people.

Romans 15:13

¹³ Now the God of hope fill you with all **joy and peace** in believing, that ye may abound in hope, through the power of the Holy Ghost. (KJV)

- Joy and peace are found in believing.

4. Patience - (an even temper, forbearance)

The word patience means "long-suffering, mild, and gentle; constant in all circumstances."

- The real test of patience is not in waiting...but in how we act while we're waiting.

Luke 21:19

¹⁹ In your patience possess ye your souls. (KJV)

- If we don't learn to control our impatience, our impatience will control us.

1 Peter 1:13

¹³ Wherefore **gird up the loins of your mind**, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ; (KJV)

- To prepare our minds daily.

James 1:4

⁴ But let patience have her perfect work, that ye may be perfect and entire, wanting nothing. (KJV)

- As we practice this fruit we will receive the things from God.

5. Kindness & 6. – Goodness (benevolence)

God wants us to develop goodness, kindness, and mercy in our Lives.

Psalms 31:19

¹⁹ Oh **how great is your goodness**, which you has laid up for them that fear you; which you have prepared for them that trust in you before the sons of men! (KJV)

- God is good, kind, and merciful, and because we are His Children.
- He wants to be good to us. But He can do it only if we receive His goodness, kindness, and mercy.
- God pours His goodness on us when we don't deserve it because He wants us to know how good He is.
- It's the goodness of God that leads men to repentance. That's why we need to be good, kind, and merciful to people.
- Our witness won't have any power unless we are kind.

7. Faithfulness

1 Cor. 1:9

⁹ **God is faithful**, by whom you were called into the fellowship of His Son, Jesus Christ our Lord.

- According to the 1828 Webster's Dictionary—which is based on the Word of God—faithfulness means "firm adherence to the truth and to the duties of relationship with God; adhering to your duties; loyalty; constant in performance of duties or services."
- **Being faithful** is not always easy. **It requires making a decision and then sticking with it** regardless of our feelings.



1.10 - The Fruit of the Spirit.

8. Gentleness (meekness, humility)

- Humility defined as - “freedom from pride and arrogance”
- In theology - “lowliness of mind, or having a consciousness of our own defects.”
- Humility (gentleness or meekness) is the opposite of pride. God hates pride, but He loves humility.
- **Proverbs 15:53** says, *humility comes before honor*, and **Proverbs 16:18** says, *Pride goes before destruction...*
- Pride has a lot to do with our thinking, and it usually involves critical and judgmental thoughts about other people.
- One of the things that causes us to judge other people is that we really are not consciously aware of everything that’s wrong with us.
- Satan doesn’t want us to see our own faults because he doesn’t want us to have humility. But we must be determined to look at our own lives instead of judging other people.
- Most of us get too full of ourselves...but we are supposed to be empty of ourselves and full of God.
- We need to learn how to be “everything nothings”—everything in Him and nothing in ourselves.
- *I believe I can do all things through Christ...*
(**Philippians 4:13, KJV**), *but I also know that without Him I can do nothing (see John 15:5, KJV).*
- We must allow God to do such a work of humility in us that we can say with Paul, it is no longer I who live, but Christ (the Messiah) lives in me... (**Galatians 2:20**).

9. Self- Control (self- restraint, voluntary control)

- God has given us self-control so we can discipline ourselves to make good choices in life.
- Self-control empowers us to be motivated not by how we feel but by what we choose to do.

2 Timothy 1:7

⁷ *For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind. (KJV)*

- A person who has self-control is mild and calm, avoids extremes, and exercises self-restraint in actions and in speech. Controlling the mouth is a big job for many people.

Proverbs 10: 19

¹⁹ *In the multitude of words there wants not sin: but he that refrains his lips is wise. (KJV)*

- Anger is another area where we need to exercise self-control.

Proverbs 19:11

¹¹ *The discretion of a man defers his anger; and it is his glory to pass over a transgression. (KJV)*

- If I am a wise person, I won’t let myself get angry when someone offends me. Restraint and self-control aren’t easy, but God says they are necessary if we are to operate in the fruit of the Spirit.

Matthew 12:33

³³ *Either make the tree good, and his fruit good; or else make the tree corrupt, and his fruit corrupt: for the tree is known by his fruit. (KJV)*

- Keep developing the fruit of the Spirit and the character of Christ in your life.

Jesus is Lord!